

APS Office Locations

Birmingham

2868 Acton Road
Birmingham, AL 35243
205-968-8360 Fax: 205-968-8363

Oakmont Clinic

956 Montclair Road, Suite 101
Birmingham, AL 35213
205-949-0099 Fax: 205-949-0363

Eating Disorder Center of Alabama

956 Montclair Road, Suite 210
Birmingham, AL 35213
205-949-4550 Fax: 205-949-4554

Cullman

409 Second Avenue NW
Cullman, AL 35055
256-739-4910 Fax: 256-739-9455

Daphne

1203 US Hwy 98, Suite 2A
Daphne, AL 36526
251-621-9167 Fax: 251-621-9003

Decatur

801 Church Street N.E., Suite 1
Decatur, AL 35601
256-355-4461 Fax: 256-355-4370

Dothan

1672 Columbia Highway
Dothan, AL 36303
334-793-1964 Fax: 334-794-4131

Florence

2415 Helton Drive, Suite A
Florence, AL 35630
256-765-2230 Fax: 256-765-2084

APS Office Locations

Madison

450 Lanier Road
Madison, AL 35758
256-774-4500 Fax: 256-774-4573

Mobile

1015 Montlimar, Suite A-210
Mobile, AL 36609
251-343-4101 Fax: 251-343-4789

Montgomery

5906 Carmichael Place
Montgomery, AL 36117
334-409-9090 Fax: 334-409-9669

Tuscaloosa

825 Rice Mine Road North
Tuscaloosa, AL 35406
205-391-3099 Fax: 205-391-9793

Other EPS Provider Locations

Anniston, Gadsden, Opelika, Ft. Payne:
256-546-9265

Grove Hill, Monroeville, Brewton:
251-575-4203

Guntersville:
256-582-8833

Selma:
334-872-4244

Jasper:
205-384-0141

Visit our website for additional provider locations:
www.apsy.com



Alabama Psychiatric Services

www.apsy.com

Expanded Psychiatric Services
(EPS)

Behavioral Health Benefit Summary



Expanded Psychiatric Services (EPS)

EPS is a benefit option available exclusively through BlueCross and BlueShield of Alabama.

The EPS benefit is administered by Managed Health Care Administration, Inc., a physician-owned and operated managed behavioral health care company. Services are delivered by Alabama Psychiatric Services, P.C. (APS), the Eating Disorder Center of Alabama (a Division of APS), and other provider organizations.

Plan Members have direct access to a statewide network of behavioral health professionals. The provider network includes board certified adult, child and adolescent psychiatrists, advanced practice nurses, licensed clinical social workers, licensed professional counselors, licensed marriage and family therapists, licensed psychologists, substance abuse professionals and registered nurses.

Clinical Services Provide Treatment for:

- Depression, mood and anxiety disorders
- Behavioral problems, stress-related disorders including grief and loss
- Alcohol and chemical dependency
- Eating disorders
- Marriage, relationship and family problems
- Conduct and behavioral problems with children and adolescents

Treatment Options Include:

- Outpatient services and treatment as recommended by physician
- Inpatient hospitalization
- Partial hospitalization programs for psychiatric and substance abuse treatment
- Partial hospitalization program for eating disorders
- Intensive outpatient programs for substance abuse treatment
- Detoxification for chemical dependency
- Educational and psychotherapy groups
- Individual, family and couple's counseling
- Psychological testing
- Members have direct access to specialists who treat adult, child and adolescent psychiatric conditions and substance abuse
- Physicians are on-call 24 hours a day
- Same day service for emergency or urgent outpatient visits
- EPS provider hospitals located throughout the network

Advantages of EPS

- Confidential services
- No gate-keeping or referral procedures; Members can directly access providers
- No co-pay or deductibles for most plans; no forms to file
- Physician supervision/oversight of operations and services
- Physician supervised treatment team

Quality of Care

APS is committed to the provision of high quality psychiatric and behavioral health services. The provider network is accredited by URAC, an independent accrediting organization that promotes quality healthcare, as a Health Network with Credentialing.

All clinicians undergo a thorough credentialing process before entering the provider network. Re-credentialing is conducted on each clinician every three years.

The Office of Quality Improvement tracks clinical outcomes, patient satisfaction, and access to care. Patient satisfaction surveys are routinely obtained and monitored.

On-site chart reviews are conducted on a regular basis to ensure compliance with network standards and to monitor quality of care.

A toll-free number is provided for Plan Members to express any concerns or suggestions: 1-800-609-9665.