



Expanded Psychiatric Services (EPS)

When your benefit plan includes Expanded Psychiatric Services (EPS), you and your covered dependents will receive 100% coverage for mental health and chemical dependency (alcohol and drug abuse services) when care is coordinated by a participating EPS provider. In order to receive maximum benefits, you must first contact an EPS provider to coordinate all services (inpatient, outpatient and emergency room). When you visit a participating EPS provider, you will not have to meet a deductible, make a copayment or file claims.

It is important to check your group benefit materials for more information on your mental health, drug and alcohol abuse benefits when you do not use an EPS provider. Some groups do not offer coverage in this situation.

Covered benefits for mental and nervous disorders, chemical detoxification and rehabilitation services under this program include:

- Inpatient care (you must be admitted by an EPS provider);
- Partial Hospitalization and Intensive Outpatient programs, including mental health, substance abuse, and eating disorder treatment;
- Outpatient visits;
- Individual, group and family therapy or counseling;
- Psychological tests;
- Lab tests; and
- Professional services of staff members who are trained in the treatment of mental health and chemical dependency (psychologists, social workers and other master's prepared professionals as well as psychiatrists).

Exclusions for EPS benefits:

- Speech therapy;
- Diagnosis or treatment of mental retardation;
- Rehabilitative treatment associated with permanent or temporary disability;
- Rehabilitative treatment associated with hearing or vision impairment;
- Any treatment not recommended by the EPS provider, even if court ordered;
- Treatment for chronic pain or solely for obesity;
- Services relating to narcotic maintenance therapy such as methadone maintenance;
- Services related to nicotine addiction;
- Sex therapy programs or treatment for sex offenders;
- Prescription drugs are **not** dispensed by EPS providers and are covered according to contract benefits for drugs related to mental health conditions
- Residential psychiatric facilities.

Participating EPS Providers

Please refer to the list of Participating EPS Providers. Remember, all care (inpatient, outpatient and emergency room) must be coordinated by an EPS provider in order for you to receive maximum benefits. For emergency care after hours or on weekends, call the office nearest you and an operator will connect you with the on-call physician.

Alabama

Anniston

Southern Behavioral Health Associates/
Grandview Behavioral Health
1302 Noble Street, Suite 3D
Anniston, Alabama 36202
(256) 237-4755

Birmingham

Alabama Psychiatric Services, P.C.
2868 Acton Road
Birmingham, Alabama 35243
(205) 968-8360

Alabama Psychiatric Services, P.C.
956 Montclair Road, Suite 101
Birmingham, Alabama 35213
(205) 949-0099

Birmingham (continued)

N.S. Xavier, M.D.
100 Century Park South
Suite 206
Birmingham, Alabama 35226
(205) 978-7800

Cullman

Alabama Psychiatric Services, P.C.
409 2nd Avenue, NW
Cullman, Alabama 35055
(256) 739-4910

Daphne

Alabama Psychiatric Services
1203 U.S. Highway 98
Suite 2-A
Daphne, Alabama 36526
(251) 621-9167

Decatur

Alabama Psychiatric Services
801 Church Street, NE, Suite 1
Decatur, Alabama 35601
(256) 355-4461

Dothan

Alabama Psychiatric Services, P.C.
207 Haven Drive
Dothan, Alabama 36301
(334) 793-1964

Florence

Alabama Psychiatric Services, P.C.
412 South Court Street (third floor)
Florence, Alabama 35630
(256) 765-2230

Participating EPS Providers *(continued from front)*

Ft. Payne

Southern Behavioral Health Associates/
Grandview Behavioral Health
701 Gault Avenue, North
Ft. Payne, Alabama 35967
(256) 845-8227

Gadsden

Southern Behavioral Health Associates
Mountain View Hospital
3001 Scenic Highway
Gadsden, Alabama 35904
(256) 546-9265

Guntersville

Mary Traynor, M.D.
2309 Al. Hwy. 79 S.
Guntersville, Alabama 35976
(256) 582-8833

Jasper

Northwest Alabama Psychiatric Services, P.C.
4330 Medical Plaza East
Suite 106
Jasper, Alabama 35501
(205) 384-0141

Luverne

Thomas L. Smith, Jr., M.D.
Crenshaw Community Hospital
101 Hospital Drive
Luverne, Alabama 36049
(334) 335-1175

Madison

Alabama Psychiatric Services
450 Lanier Road
Madison, Alabama 35758
(256) 774-4500

Mobile

Alabama Psychiatric Services
1015 Montlamar Drive
Suite A-210
Mobile, Alabama 36609
(251) 343-4101

Monroeville

Southwest Alabama Mental Health
530 Hornady Drive
Monroeville, Alabama 36461
(251) 575-4830

Montgomery

Alabama Psychiatric Services
5906 Carmichael Place
Montgomery, Alabama 36117
(334) 409-9090

Opelika

Daniel Mejer, M.D.
Southern Behavioral Health Associates/
Grandview Behavioral Health
2202 A Gateway Drive
Opelika, Alabama 36801
(334) 745-6125

Selma

Santhi K. Das, M.D.
1013 Medical Center Parkway
First Howell Building #2
Selma, Alabama 36701
(334) 872-4244

Selma

David Hodo, M.D.
800 Tremont Street
Selma, Alabama 36701
(334) 872-6773

Tuscaloosa

Alabama Psychiatric Services
825 Rice Mine Road North
Tuscaloosa, Alabama 35406
(205) 391-3099

Florida

DeFuniak Springs

The COPE Center
3686 U.S. Highway 331 South
DeFuniak Springs, Florida 32435
(850) 892-8045

Ft. Walton Beach

Maria Elen P. Gajo, M.D.
PA and Associates
68 Beal Parkway S.W.
Ft. Walton Beach, Florida 32548
(850) 243-7035

Panama City

Sue B. Herring, LMHC
400 West 11th Street, Suite A
Panama City, Florida 32401
(850) 872-3727

Pensacola

Jacob A. Cruz, M.D.
4400 Bayou Boulevard
Suite 51
Pensacola, Florida 32503
(850) 484-7774

Pensacola

Venkata Sompall, M.D.
Lakeview Center
1221 W. Lakeview Avenue
Pensacola, Florida 35201
(850) 469-3919

Mississippi

Family Counseling Services
4940 Highway 39 North
Meridian, Mississippi 39303
(601) 483-2864



**BlueCross BlueShield
of Alabama**

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